

## ABSTRACT OF THE DISCLOSURE

A detachable shoulder rest apparatus for use with a telephone handset is provided, which includes a body portion and at least one attachment member to removably attach the body portion to the exterior of the telephone handset. The body portion may comprise  
5 a contoured wedge which conforms to the shape of the user's shoulder, and may be either substantially rigid or deformable. The at least one attachment member may take the form of a plurality of arms extending from the body portion which engage one or more slots or recesses on the handset, a hook member which engages with one or more slots or apertures on the handset, or a slot or aperture which engages with one or more  
10 projections or protrusions on the telephone handset. In another embodiment, the detachable shoulder rest apparatus includes a base portion joining the body portion and the attachment members, which may be separable from the body portion.